

*Senior Resource Network of Northern  
Oklahoma Presents:*

# *SEASONS OF AGING*

**ICE (IN CASE OF EMERGENCY BINDER)**

**RSVP AND RECEIVE A BINDER AND LISTEN TO THE IMPORTANCE OF KEEPING THIS BINDER IN A  
EASY TO LOCATE PLACE FOR FAMILY MEMBERS AND EMERGENCY PERSONNEL**

**Date**– Saturday, January 28, 2023

**Where**– Carolyn Renfro Center, 445 Fairview Ave. Ponca City

**Time**– 11am-1pm

**Lunch will be served: Soups and Chili with fixings to go  
along with this wonderful lunch.**

**Please RSVP by 1.23.2023**

**We want to make sure we have  
enough binders for everyone**

**Please call 580.763.8051 to RSVP**

